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Package leaflet: information for the user

Carbocisteine 375 mg Capsules, hard

Carbocisteine

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

1. What Carbocisteine Capsules are and what they are used for
2. What you need to know before you take Carbocisteine Capsules
3. How to take Carbocisteine Capsules
4. Possible side effects
5. How to store Carbocisteine Capsules
6. Contents of the pack and other information

1. What Carbocisteine Capsules are and what they are used for

Carbocisteine 375 mg Capsules, Hard (called Carbocisteine Capsules in this leaflet) contain a medicine called carbocisteine. This belongs to a group of medicines called 'mucolytics'. It works by making mucus (phlegm) less sticky. This makes the mucus easier to cough up. Carbocisteine Capsules are used for problems with the breathing passages (respiratory tract). These problems happen when too much mucus is made or the mucus is too sticky.

2. What you need to know before you take Carbocisteine Capsules

Do not take this medicine and tell your doctor if:

- You are allergic (hypersensitive) to carbocisteine or any of the other ingredients of Carbocisteine Capsules (listed in Section 6 below).
Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue
- You have an ulcer in your stomach or gut

Do not take this medicine if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking Carbocisteine Capsules.

Warnings and precautions

Talk to your doctor or pharmacist before taking this medicine if

- You are elderly

- Have had an ulcer in your stomach or gut
- You are taking other medicines known to cause bleeding in the stomach

Children and adolescents

Children

Carbocisteine Capsules are not recommended for children. A syrup form of this medicine called ' Carbocisteine Paediatric 125 mg/5 ml Syrup' is available for use in children.

Adults (including the elderly)

- Usual dose is two capsules, 3 times each day
- If your symptoms improve, your dose should be lowered to one capsule, 4 times, each day

Pregnancy and breast-feeding

Talk to your doctor before taking this medicine if:

- You are pregnant, might become pregnant or think you may be pregnant. This medicine should not be taken during the first three months of your pregnancy
- You are breast-feeding or planning to breast-feed

Ask your doctor or pharmacist for advice before taking any medicine if you are pregnant or breast-feeding.

Important information about some of the ingredients of Carbocisteine Capsules

Carbocisteine Capsules contain:

- **Lactose.** This medicine contains lactose. This is a type of sugar. If you have been told by your doctor that you cannot tolerate some sugars, talk to your doctor before taking Carbocisteine Capsules.

3. How to take Carbocisteine Capsules

Always take Carbocisteine Capsules exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Taking this medicine

- Take this medicine by mouth
- If you feel that this medicine is too weak or too strong, do not change the dose yourself, but ask your doctor

How much to take

Adults (including the elderly)

- Usual dose is two capsules, 3 times each day
- If your symptoms improve, your dose should be lowered to one capsule, 4 times, each day

240 mm

Children

- Carbocisteine Capsules are not recommended for children. A syrup form of this medicine called 'Carbocisteine Paediatric 125 mg/5 ml Syrup' is available for use in children

If you take more Carbocisteine Capsules than you should

If you take more Carbocisteine Capsules than you should, tell a doctor or go to a hospital casualty department straight away. Take the medicine pack with you. This is so the doctor knows what you have taken. If you take too many Carbocisteine Capsules, it is likely that you will get an upset stomach (gastrointestinal disturbance).

If you forget to take Carbocisteine Capsules

If you forget a dose, do not worry. Just wait until the next dose is due. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, Carbocisteine Capsules can cause side effects, although not everybody gets them.

Stop taking Carbocisteine Capsules and see a doctor or go to a hospital straight away if:

- You have an allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue
- You have blistering or bleeding of the skin, including around your lips, eyes, mouth, nose and genitals. You may also have flu-like symptoms and fever. This may be something called 'Stevens-Johnson syndrome'
- You have blood in your vomit or black tarry stools.

Tell a doctor straight away if you notice any of the following serious side effects:

- Blood in your vomit or black tarry stools

Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days:

- Vomiting

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Carbocisteine Capsules

Keep this medicine in a safe place where children cannot see or reach it.

Do not use Carbocisteine Capsules after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Store below 25°C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Contents of the pack and other information**What Carbocisteine contains**

The active substance is carbocisteine

Each capsule contains 375 mg of carbocisteine.

The other ingredients are:

Capsule content: lactose monohydrate, silica colloidal anhydrous, sodium lauryl sulphate, magnesium stearate.

Capsule shell: gelatin, purified water, iron oxide yellow (E 172), titanium dioxide (E 171).

What Carbocisteine capsules looks like and contents of the pack

Each capsule contains 375 mg of carbocisteine.

Size "1" hard gelatin capsule with yellow cap and yellow body containing a white to off white colour powder

Carbocisteine Capsules are available in packs of 30 capsules and 120 capsules.

Not all pack sizes may be marketed.

Marketing Authorisation Holder

Somex Pharma

Ilford, Essex

IG3 8BS.UK

Manufacturer

Somex Pharma

Ilford, Essex

IG3 8RA.UK

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