

# EROPID®

50 mg film-coated tablets (sildenafil)

## Pharmacy Checklist

The following has been created to help you determine if your patient is suitable for Eropid (Sildenafil) or whether he should be seen by a doctor for further advice. Use of the Pharmacy Checklist is optional, and you should use your professional judgement to decide when and how to use it. The Essential Information for the Supply of EROPID provides additional background information in relation to the supply of this product.

### Repeat Supply:

If the patient has previously been supplied with EROPID, he should be asked if anything has changed with respect to his health status or medicines usage. There is no need to repeat the questions below prior to resupply in that case. Remind the patient to make an appointment with his doctor as soon as he can within the first 6 months of starting to use EROPID, to ensure that their erection problems are not caused by any serious health condition. If any factors have changed, Sections 2-4 should be reviewed again. The repeat supply tear-off slip (below) can also be given to the man.

### 1. Who Eropid is for:

Eropid is solely intended for men 18 years and older who are experiencing erectile dysfunction (ED). This product must not be supplied to men who do not have ED.

**It is important to confirm if the man is already receiving treatment for the condition. Men currently prescribed 50 mg of sildenafil can be supplied this product if they meet the criteria for pharmacy supply, provided they do not take more than 50 mg daily. If the man is using a different dose of sildenafil or another ED treatment, he should be referred to his doctor.**

### Suitability checklist:

These are questions to ask your patients, in order to determine their suitability.

If the patient answers **YES** to any of the following, **do NOT supply the product** and refer the patient to their doctor. If you have any reason to consider, based on physical status, the patient should not be using this product, refer to the doctor.

Please tick Y / N into the respective check boxes

#### Y N 2. Check the patient's CARDIOVASCULAR (CV) HEALTH by asking the following:

- Have you been advised by your doctor that you are not fit enough for any physical or sexual activity?
- Do you feel very breathless or experience chest pain with light/moderate physical activity e.g. walking briskly or climbing two flights of stairs
- Have you had a heart attack or stroke within the last six months?
- Do you have any other heart problems or are under a doctor's care for any of the following?
  - Low blood pressure or uncontrolled high blood pressure
  - Unstable angina (chest pain), irregular heartbeat or palpitations (arrhythmia)
  - A problem with one of the valves in your heart (valvular heart disease)
  - A problem where your heart muscle becomes inflamed and doesn't work as well as it should (cardiomyopathy)
  - Heart problems causing blood flow issues (e.g. left ventricular outflow obstruction, aortic narrowing) or severe cardiac failure

#### Y N 3. Check the patient's CURRENT MEDICATIONS for interactions by asking the following:

- Are you taking any nitrates for chest pain? (nicorandil or other nitric oxide donors e.g. glyceryl trinitrate, isosorbide mononitrate or isosorbide dinitrate)
- Are you using drugs called 'poppers' (amyl nitrite) for recreational purposes?
- Are you taking riociguat or other guanylate cyclase stimulators for lung problems? Are you taking ritonavir (for HIV infection)?
- Are you taking any CYP3A4 inhibitors e.g. saquinavir (to treat HIV infection), cimetidine (for heartburn), itraconazole or ketoconazole (to treat fungal infections), erythromycin or rifampicin (antibiotics) or diltiazem (for high blood pressure)?
- Are you taking any alpha-blockers, such as alfuzosin, doxazosin or tamsulosin, which are medicines used to treat urinary problems due to an enlarged prostate (benign prostatic hyperplasia) or occasionally to treat high blood pressure?

#### Y N 4. Check for OTHER CONTRAINDICATIONS:

- Do you have Peyronie's disease or any other disease, injury or deformation of the penis?
- Have you ever had loss of vision because of damage to the optic nerve (e.g. non-arteric anterior ischaemic optic neuropathy [NAION]) or have an inherited eye disease (e.g. retinitis pigmentosa)?
- Do you have intolerance to galactose, Lapp lactase deficiency or glucose-galactose malabsorption?
- Do you have previously diagnosed hepatic (liver) disease (including liver cirrhosis), or severe renal (kidney) impairment?
- Do you have any of the following: sickle cell anaemia, multiple myeloma or leukaemia?
- Do you have any bleeding issues (e.g. haemophilia) or any active stomach ulcers?

Dear Doctor,

Please can you review this patient in relation to erectile dysfunction. We had a discussion in my pharmacy, but they were not suitable for Eropid (sildenafil) due to their cardiovascular health/interacting medicines/ other condition:

Pharmacist signature: .....Date:

PHARMACY  
STAMP

Please keep this slip and present to the pharmacist when you next wish to purchase Eropid

Before resupply, your pharmacist will need to assess you to ensure that there have been no changes in your health or medications since the last supply.

Pharmacist signature: .....Date:

PHARMACY  
STAMP

VER 01/November 2024  
MHRA approval date: 11/2024

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# Points for counselling and Other Information

Please follow these points to ensure that your patient is counselled appropriately whether they are supplied the product or not

## Advice for men who have not been supplied Eropid:

- Men who have not been supplied EROPID because of their cardiovascular health, interacting medicines or another concern must be told to see their GP as soon as they can within 6 months. The tear-off slip (below) can be filled in and given to the man to facilitate his discussion with the doctor

## Advice for men who have been supplied Eropid:

- EROPID is only intended for men aged 18 years and older who have erectile dysfunction (ED). Men who do not have ED will not benefit from using this product
- Take one tablet approximately 1 hour before planning to have sexual intercourse. EROPID can start to work within 30 minutes
- Take with or without food, but EROPID may take longer to work after a high-fat meal
- Do not take with grapefruit or grapefruit juice, as it may modestly increase plasma levels of sildenafil
- The maximum recommended dosing frequency is one 50 mg tablet per day
- They may need to take EROPID a number of times on different occasions (a maximum of one 50 mg tablet per day), before they can achieve a penile erection satisfactory for sexual activity. If, after several attempts (up to a maximum of 8 times) on different dosing occasions, patients are still not able to achieve a penile erection sufficient for satisfactory sexual activity, they should be advised to consult a doctor
- Medicines containing any nitrates (e.g. glyceryl trinitrate, isosorbide mononitrate, isosorbide dinitrate, amyl nitrite also known as 'poppers'), or nitric oxide donors (e.g. sodium nitroprusside or nicorandil), must NOT be used at the same time as EROPID as this combination may lead to a dangerous fall in blood pressure
- Men should tell their doctor that they have started taking EROPID, especially if they are started on any new medicines
- Remind patients about common side effects. These include: headache, flushing, dyspepsia, nasal congestion, dizziness, nausea, visual disturbance, cyanopsia (blue-tinted vision) and blurred vision

**Note: If any of these become a concern, advise the patient to talk with a pharmacist or doctor**

**Men should be advised to STOP TAKING EROPID and seek medical attention IMMEDIATELY if they experience any of the following SERIOUS side effects. Side effects can be reported by patients or pharmacists via the Yellow Card Scheme at <https://yellowcard.mhra.gov.uk/>. Adverse reactions/events should also be reported to Somex Pharma at e-mail address: [medinfo@somexpharma.com](mailto:medinfo@somexpharma.com)**

- Chest pains: If this occurs before, during or after intercourse, they should get into a semi-sitting position and try to relax. Nitrates must NOT be used to treat chest pains
- A persistent and sometimes painful erection lasting longer than 4 hours
- A sudden decrease or loss of vision
- An allergic reaction. Symptoms include sudden wheeziness, difficulty breathing or dizziness, swelling of the eyelids, face, lips or throat
- Serious skin reactions such as Stevens-Johnson Syndrome (SJS) and Toxic Epidermal Syndrome (TEN). Symptoms may include severe peeling and swelling of the skin, blistering of the mouth, genitals and around the eyes, fever
- Seizures or fits
- Eropid contains tartrazine: May cause allergic reactions as it contains Tartrazine (E-102). It can worsen asthma

## Follow up advise for all patients:

- ED can be associated with a number of contributing conditions, e.g. hypertension, diabetes mellitus, hypercholesterolaemia, cardiovascular disease, depression and lower urinary tract symptoms (LUTS). As a result, all men with ED should be advised to consult their doctor within 6 months for a clinical review of potential underlying conditions and risk factors associated with ED
- Provide appropriate advice on lifestyle factors and general healthy living, including:
  - Losing weight
  - Giving up smoking
  - Cutting back on alcohol/recreational drugs
  - Exercising regularly
  - Reducing stress
- You can also offer the man a health check, if available
- You may also want to check if the man is buying products from unregulated sources. It is important to explain these products are not tested for their safety or effectiveness, may not contain the ingredients listed within them and are therefore potentially dangerous, unlike product sourced from a pharmacy and medicines obtained via prescription from the doctor

Your pharmacist has supplied you with Eropid today for your personal use.

**Please ensure that you make an appointment to see your GP within 6 months of the date of first receiving EROPID (see date on reverse). Adverse reactions/events should be reported to Somex Pharma at e-mail address: [medinfo@somexpharma.com](mailto:medinfo@somexpharma.com)**

You have not been provided with Eropid (sildenafil) for ED today, as it may not be suitable for you to take without consulting a doctor first.

**Please make an appointment to see your GP as soon as you can within the next 6 months and present this slip.**