

Artwork No.		Colours Used
Customer	Somex Pharma	Pantone 222 C
Description	Carbocisteine Capsules, hard - 375 mg - 12 x 10's Carton	Pantone 103 C
Market	UK	Black
Language	English	
Size	82 x 61 x 100 mm	
Min. Font Size		
Version No.	03	
Pharma code		
Date	07.08.2018	
Software	Adobe Illustrator cs6	


Batch: XXXXXXXXXXXX  
 EXP.: MM/YYYY  
 S.N: XXXXXXXXXXXX  
 Batch Details along with variable data,  
 Unique serial number on each carton  
 with 2D data Matrix shall be printed  
 during packing



**Carbocisteine 375 mg Capsules, hard**  
Carbocisteine

Marketing Authorisation Holder:  
Somex Pharma  
Ilford, Essex, IG3 8BS, UK      PL15764/0131      POM

Affix dispensing label here

  
 5 060089 610724

**Carbocisteine 375 mg**  
Capsules, hard  
Carbocisteine

Unvarnished Zone  
(dotted line not for printing)

B. No.  
Exp.


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**Carbocisteine 375 mg**  
Capsules, hard  
Carbocisteine


(120) Capsules

**Carbocisteine 375 mg**  
Capsules, hard  
Carbocisteine

Each capsule contains 375 mg of carbocisteine.  
Also contains lactose monohydrate.



(120) Capsules

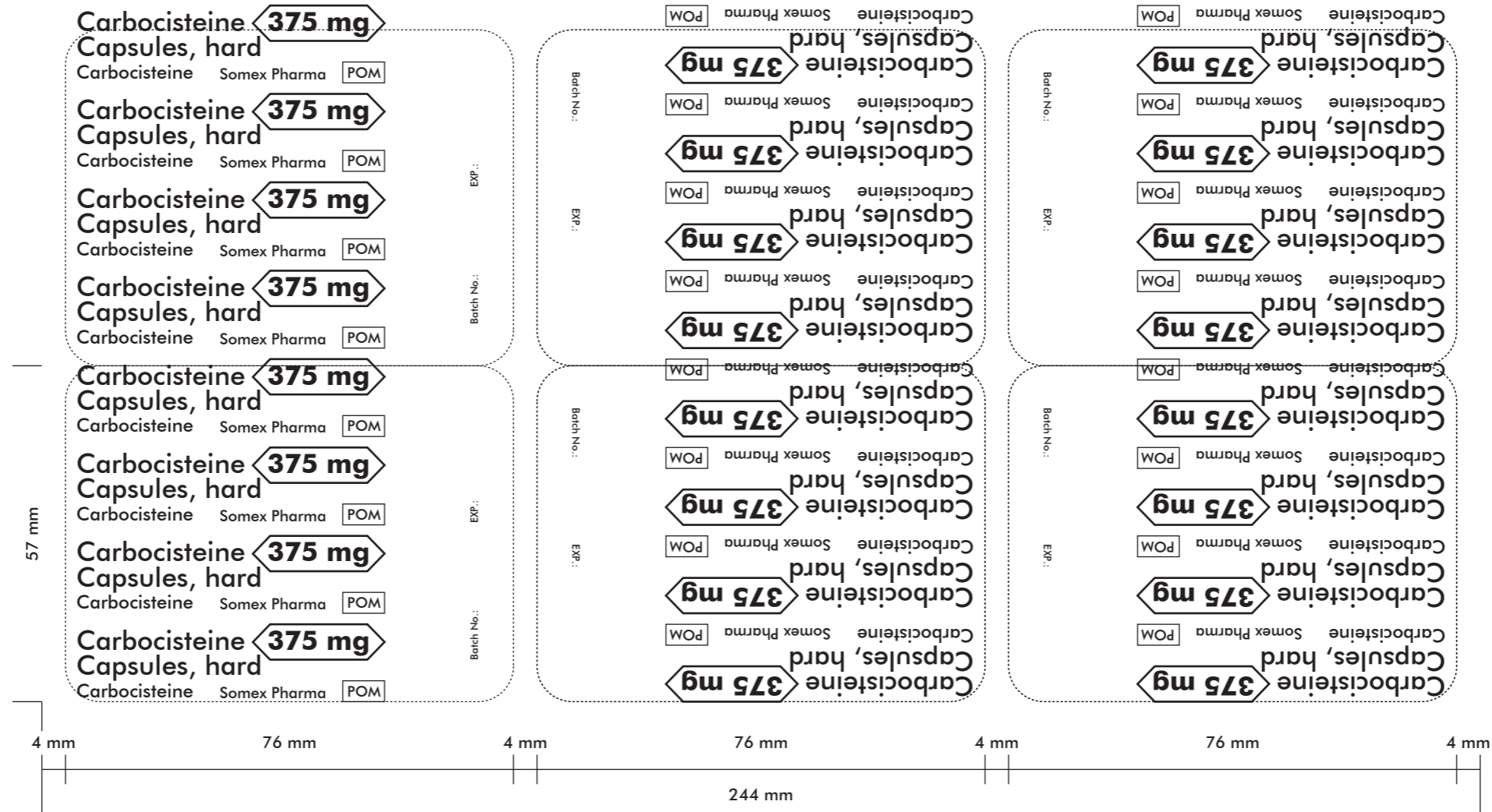


Oral use.  
Read the package leaflet before use.  
Keep out of the sight and reach of  
children. Do not store above 25° C.

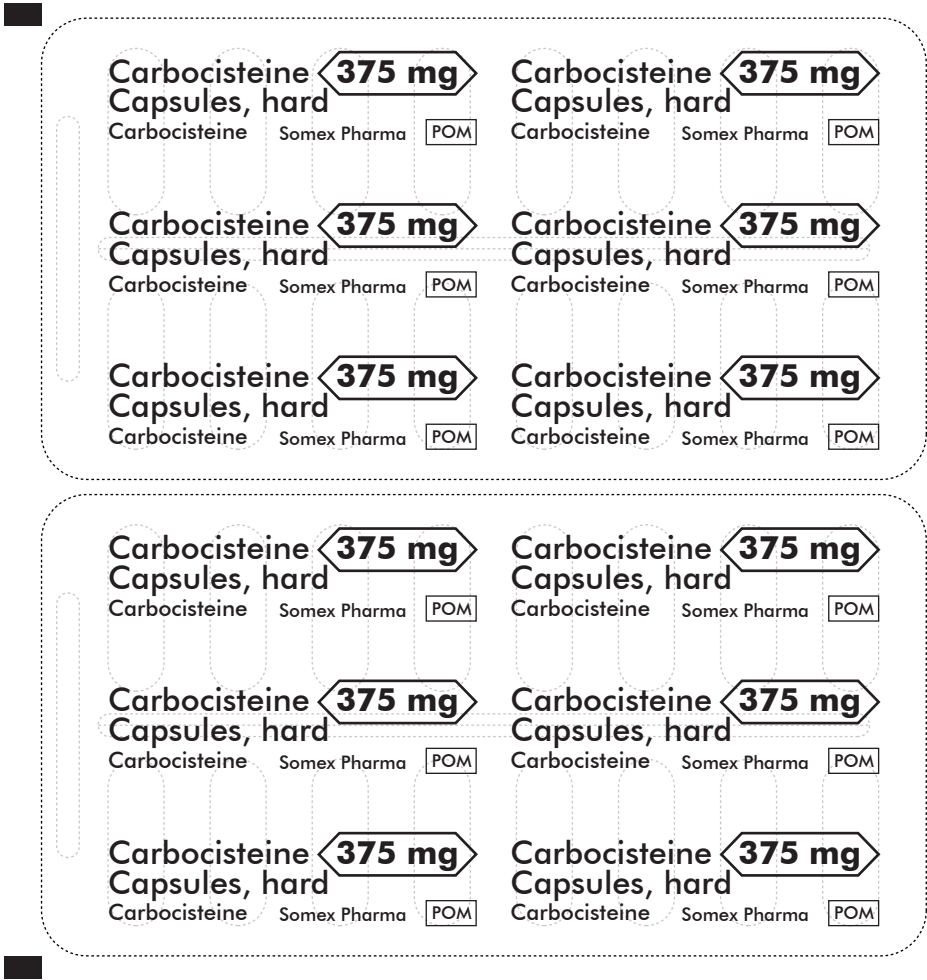
**Carbocisteine 375 mg**  
Capsules, hard  
Carbocisteine




**Carbocisteine**  
**#375 mg**  
**Capsules, hard**

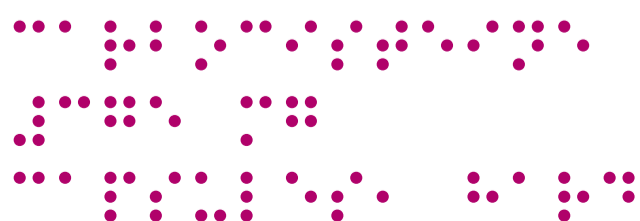
Artwork No.		Colours Used
Customer	Somex Pharma	Black
Description	Carbocisteine Capsules, hard - 375 mg - 10's Foil	
Market	UK	
Language	English	
Size	244 mm (Blister Size - 76 x 58 mm)	
Min. Font Size		
Version No.	02	
Pharma code		
Date	01.04.2021	
Software	Adobe Illustrator cs6	



Artwork No.			Colours Used
Customer	Somex Pharma	■	Black
Description	Carbocisteine Capsules, hard - 375 mg - 15's Foil		
Market	UK		
Language	English		
Size	123 mm (Blister Size - 117 x 61 mm)		
Min. Font Size			
Version No.	01		
Pharma code			
Date	03.01.2024		
Software	Adobe Illustrator cs6		



Artwork No.			Colours Used
Customer	Somex Pharma		Pantone 222 C
Description	Carbocisteine Capsules, hard - 375 mg - 8 x 15's Carton		Pantone 103 C
Market	UK		Black
Language	English		
Size	65 x 66 x 123 mm		
Min. Font Size			
Version No.	02		
Pharma code			
Date	10.02.2024		
Software	Adobe Illustrator cs6		



Carbocisteine  
#375 mg  
Capsules, hard

Artwork No.			Colours Used
Customer	Somex Pharma	■	Black
Description	Carbocisteine Capsules, hard - Package Leaflet		
Market	UK		
Language	English		
Size	230 x 240 mm		
Min. Font Size			
Version No.	05		
Pharma code			
Date	17.01.2024		
Software	Adobe Illustrator cs6		

230 mm

Package leaflet: information for the user

## Carbocisteine 375 mg Capsules, hard Carbocisteine

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

1. What Carbocisteine Capsules are and what they are used for
2. What you need to know before you take Carbocisteine Capsules
3. How to take Carbocisteine Capsules
4. Possible side effects
5. How to store Carbocisteine Capsules
6. Contents of the pack and other information

### 1. What Carbocisteine Capsules are and what they are used for

Carbocisteine 375 mg Capsules, Hard (called Carbocisteine Capsules in this leaflet) contain a medicine called carbocisteine. This belongs to a group of medicines called 'mucolytics'. It works by making mucus (phlegm) less sticky. This makes the mucus easier to cough up. Carbocisteine Capsules are used for problems with the breathing passages (respiratory tract). These problems happen when too much mucus is made or the mucus is too sticky.

### 2. What you need to know before you take Carbocisteine Capsules

Do not take this medicine and tell your doctor if:

- You are allergic (hypersensitive) to carbocisteine or any of the other ingredients of Carbocisteine Capsules (listed in Section 6 below).  
Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue
- You have an ulcer in your stomach or gut

Do not take this medicine if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking Carbocisteine Capsules.

### Warnings and precautions

Talk to your doctor or pharmacist before taking this medicine if

- You are elderly

- Have had an ulcer in your stomach or gut
- You are taking other medicines known to cause bleeding in the stomach

### Children and adolescents

#### Children

Carbocisteine Capsules are not recommended for children. A syrup form of this medicine called ' Carbocisteine Paediatric 125 mg/5 ml Syrup' is available for use in children.

#### Adults (including the elderly)

- Usual dose is two capsules, 3 times each day
- If your symptoms improve, your dose should be lowered to one capsule, 4 times, each day

### Pregnancy and breast-feeding

Talk to your doctor before taking this medicine if:

- You are pregnant, might become pregnant or think you may be pregnant. This medicine should not be taken during the first three months of your pregnancy
- You are breast-feeding or planning to breast-feed

Ask your doctor or pharmacist for advice before taking any medicine if you are pregnant or breast-feeding.

Important information about some of the ingredients of Carbocisteine Capsules

### Carbocisteine Capsules contain:

- **Lactose.** This medicine contains lactose. This is a type of sugar. If you have been told by your doctor that you cannot tolerate some sugars, talk to your doctor before taking Carbocisteine Capsules.

### 3. How to take Carbocisteine Capsules

Always take Carbocisteine Capsules exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Taking this medicine

- Take this medicine by mouth
- If you feel that this medicine is too weak or too strong, do not change the dose yourself, but ask your doctor

### How much to take

#### Adults (including the elderly)

- Usual dose is two capsules, 3 times each day
- If your symptoms improve, your dose should be lowered to one capsule, 4 times, each day

240 mm

**Children**

- Carbocisteine Capsules are not recommended for children. A syrup form of this medicine called 'Carbocisteine Paediatric 125 mg/5 ml Syrup' is available for use in children

**If you take more Carbocisteine Capsules than you should**

If you take more Carbocisteine Capsules than you should, tell a doctor or go to a hospital casualty department straight away. Take the medicine pack with you. This is so the doctor knows what you have taken. If you take too many Carbocisteine Capsules, it is likely that you will get an upset stomach (gastrointestinal disturbance).

**If you forget to take Carbocisteine Capsules**

If you forget a dose, do not worry. Just wait until the next dose is due. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

**4. Possible side effects**

Like all medicines, Carbocisteine Capsules can cause side effects, although not everybody gets them.

**Stop taking Carbocisteine Capsules and see a doctor or go to a hospital straight away if:**

- You have an allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue
- You have blistering or bleeding of the skin, including around your lips, eyes, mouth, nose and genitals. You may also have flu-like symptoms and fever. This may be something called 'Stevens-Johnson syndrome'
- You have blood in your vomit or black tarry stools.

**Tell a doctor straight away if you notice any of the following serious side effects:**

- Blood in your vomit or black tarry stools

**Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days:**

- Vomiting

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

**5. How to store Carbocisteine Capsules**

Keep this medicine in a safe place where children cannot see or reach it.

Do not use Carbocisteine Capsules after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Store below 25°C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**6. Contents of the pack and other information****What Carbocisteine contains**

The active substance is carbocisteine

Each capsule contains 375 mg of carbocisteine.

The other ingredients are:

**Capsule content:** lactose monohydrate, silica colloidal anhydrous, sodium lauryl sulphate, magnesium stearate.

**Capsule shell:** gelatin, purified water, iron oxide yellow (E 172), titanium dioxide (E 171).

**What Carbocisteine capsules looks like and contents of the pack**

Each capsule contains 375 mg of carbocisteine.

Size "1" hard gelatin capsule with yellow cap and yellow body containing a white to off white colour powder

Carbocisteine Capsules are available in packs of 30 capsules and 120 capsules.

Not all pack sizes may be marketed.

**Marketing Authorisation Holder**

Somex Pharma

Ilford, Essex

IG3 8BS.UK

**Manufacturer**

Somex Pharma

Ilford, Essex

IG3 8RA.UK

This leaflet was last revised in 01/2024